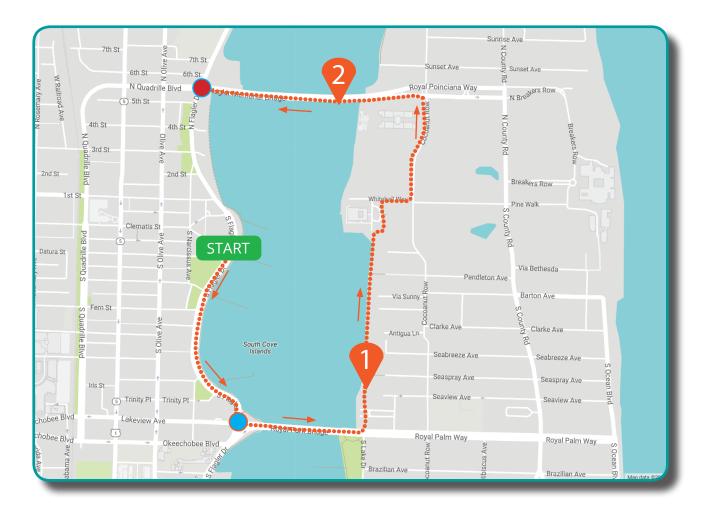


2018 COURSE PROPOSAL & TIME ESTIMATES Town of Palm Beach



		Pace:	3:00 min/mile	5:00 min/mile	15:00 min/mile	18:00 min/mile
	LOCATION	Mile	Wheelchair	Lead Runner	Back of pack	Last walker
START	START: Flagler Drive between Datura and S. Clematis	0	6:00AM	6:05AM	6:10AM	6:13AM
\bigcirc	Flagler Drive & Lakeview (west end of Royal Park Bridge)	0.5	6:01AM	6:07AM	6:17AM	6:22AM
V	Lake Trail (Town of Palm Beach)	1	6:03AM	6:10AM	6:25AM	6:31AM
2	Flagler Memorial Bridge (Town of Palm Beach)	2	6:04AM	6:15AM	6:40AM	6:49AM
	Flagler Drive & North Quadrille (west end of Flagler Memorial Bridge)	2.3	6:07AM	6:17AM	6:45AM	6:55AM

Bridge traffic control will require extended time placements and removal time.